



Wyalong Public School

"A Top School with a Caring Environment"

wyalong-p.school@det.nsw.edu.au

Term 4 Week 6



Our fabulous front entry

Message from my desk.....

Our students 2-6 were invited to attend a wonderful performance at the High School on Thursday. The students enjoyed the performance and should be congratulated on their behavior as it was outstanding!

We will be having a visit from Senior Constable Janelle Lynch on Wednesday who will be coming to discuss stranger danger and cyber safety with all of our students K-6. We look forward to her visit and I am sure we will both learn and be reminded of lots of great strategies to keep ourselves safe.

Today teachers met in the Library with Literacy and Numeracy expert Karen Date to participate in workshops and planning for 2017. You will be pleased to know that next year we have some wonderful opportunities in place for our students. We will be advertising soon for our very own expert in Literacy and Numeracy to join our teaching team for next year. The role of the position will not be to take on a teaching role as such but instead to build staff expertise in the areas of Literacy, Numeracy, Teaching and Learning to ensure our students continue to receive the best in education.

We believe everyone is someone at WPS. We deliver personalised learning & prepare students to be resourceful, resilient, and future focused. Our school is responsive to the community by collaborating and producing innovative learning opportunities.

Meg Staples - Principal

What's Going On!



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6 14 th Nov 18 th Nov	Kinder Orientation 9am to 3pm		Cyber Safety & Stranger Danger Talk	Middle School	Assembly @ 9.00am
Week 7 21 st Nov 25 th Nov	Kinder Orientation 9am to 3pm Beach to Bush Program 12.30 to 1.30pm	Oral Health Educational Talks 11.15am to 12pm	Town Library Visit	Middle School	Assembly @ 9.00am SAFETY TALK BY LOCAL POLICE @ 10.00AM

Parent Information...

Beach to Bush Program:

This wonderful program is coming to Wyalong Public School next week the aim of the program is to teach children about beach safety.

The Beach to Bush Program is the most significant educational initiative of Surf Life Saving and has been delivered to rural NSW schools for over 20 years.

The program began as a result of research which highlighted that 50% of people rescued from the surf live more than 50km from the beach. Beach to Bush was started in 1994 and aims to educate young people about safety at the beach and other aquatic environments.

Last year (2015) marked the 22nd year of Beach to Bush being delivered across NSW.

The program is an engaging, interactive presentation delivered by experienced and enthusiastic volunteer lifesavers.



Oral Health Visit:

Our School has been offered a visit by Bright Smiles in Wagga. An Oral Health Therapist will give a talk using visual materials, story telling and age appropriate games to convey the important message of oral hygiene.



School Excursion

Our school excursion will be held in week 9 involving a school sleep over at school starting **Thursday evening** the 8th of December and continuing Friday 9th December until 3pm.

A note will go home shortly with more information.

Book Clubs: Book Clubs are due back to School by this Friday, before classes begin.

Trophies: Please return any perpetual trophies from last year's Presentation Night as soon as possible.

Awards

Merit Awards

Shaylee Richards
Riley Taylor
Hayden Taylor
Sarah Blackwood
Amelia Worner
Kaelan Ferguson
Braidy Woods
Braiden Lynch



congratulations

Sport Awards

Colby West
Ariana Orallo
Maisyn Davies



Student of the Week

Jack Curry
Tiarna Siemsen
Braiden Lynch



Community Information



Australia Day
2017 AWARD NOMINATIONS NOW OPEN

Nominate someone from the Bland Shire community who you know, respect or admire to acknowledge and celebrate those individuals and groups who make Bland Shire a better place.

To nominate online visit:
www.blandshire.nsw.gov.au or pick up a nomination form from Council's office, or phone 6972 2266 to arrange to have a form posted.

★ CATEGORIES ★

- Citizen of the Year
- Young Citizen of the Year
- Community Group of the Year
- Community event of the Year
- Achievement in sport
- Contribution to sport

Nominations Close Monday 21 November 2016

BLAND SHIRE COUNCIL
west wyalong



The Bland Shire Library

Giving Tree

- Donations for the Bland Shire Council Giving Tree this year will support households who are struggling to make ends meet and people who would otherwise find Christmas a strain rather than a celebration.
- Non-perishable gifts for distribution to adults, teens, children or babies can all make a difference.
- You can help by donating your gift to the Giving Tree at Bland Shire Library from Tuesday 1st November until Saturday 17th December, 2016.
- All gifts to be donated to the St Vincent de Paul Society's Christmas Appeal.

BLAND SHIRE COUNCIL
west wyalong

ST VINCENT DE PAUL
 HELPS PEOPLE

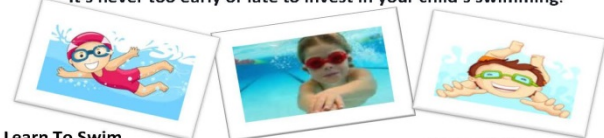
GROWING THE SPORT OF
SWIMMING
& PROMOTING A HEALTHY LIFESTYLE

LRG
 LEISURE & RECREATION GROUP
 A fresh approach to management

**Currently Taking Names for
 Learn To Swim**

What's one the most important life skill your child can learn? To swim! Learning to swim is not only fun, but also provides many health benefits and could save a child's life. Swimming keeps your child's heart and lungs healthy, improves strength and flexibility, increases stamina and even improves balance and posture. Your child will also have plenty of opportunities to make friends and grow in confidence, while swimming. It's a skill that once learnt is rarely forgotten.

It's never too early or late to invest in your child's swimming.



Learn To Swim

1 on 1

Lessons are 20 minutes duration and are one on one with a qualified instructor. Book your child in for the same time, same day, every week for 6 weeks duration. You can book in more than this for your child too. 6 lessons for \$108, which works out to be \$18 a lesson.

Water Wise

Lessons are 30 minutes duration and are at a ratio of one to four: 1 qualified instructor to a maximum of 4 students. Children can independently and continuously propel themselves through the water. They haven't yet developed stroke technique, body position and breathing which is the main focus of Water Wise. Bookings are essential as we have limited spaces.

Water Skills

Lessons are 30 minutes duration and are at a ratio of one to six: 1 qualified instructor to a maximum of 6 students. Children are now displaying correct freestyle techniques. We advance the distances of swimming to 15 m. Backstroke is also introduced along with more advanced skills and drills to refine the child stroke and to continue water confidence. Bookings are essential as we have limited spaces.

Contact the pool on 6972 2135 or melissa@lrgroup.com.au if you are interested in being part of one of our programs.

Learning to swim at an early age not only increases physical development, but also dramatically improves concentration & coordination.

Contact Reception to make your Childs booking or for more information on our programs, squads and fitness classes.

CONTACT
 Holland Park Pool
 Kurrabung Street, West Wyalong
 P: 6972 2135
melissa@lrgroup.com.au
 Like us on Facebook

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BENEFITS OF LEARNING TO SWIM WELL

SAVES LIVES

Water can be dangerous. It should be treated with respect and understanding. Children who know how to swim well not only can save themselves when in water, but are far more equipped to recognise the inherent dangers of water.

CHILDHOOD DEVELOPMENT

Swimming exercises and strengthens a child's muscular and cardiovascular systems. The unique environment allows the body to move in ways it cannot on land, leading to better co-ordination and fine motor skills.

BUILDS SELF ESTEEM

There is no doubt that a child's confidence improves when they learn how to swim. In the right environment, parents and teachers can create the sense of achievement that comes with performing skills that were once impossible to them. As children enter school, swimming is one of the ways kids begin to compare themselves to others.

GREAT BONDING EXPERIENCE

There is strong evidence that physical touching, hugging and playing is critical in a child's cognitive development. Swimming is a great way for mums and dad's to spend quality time in a unique learning environment. Many of our swimming parents comment that swimming is one way they got to know, understand and grow with their child.

LONG TERM HEALTH AND FITNESS

Fitness and health trainers agree that swimming is a wonderful activity for all ages. The controlled breathing needed to swim is good for the respiratory system. Swimming uses different muscles because of the reduced gravity acting on the body. Exercising in water is also low impact, meaning that people with injuries or the elderly can exercise without the pain that comes with running or going to the gym.

A SOCIAL ACTIVITY

Being able to swim allows everyone to participate in activities with each other. It starts early with simply being able to go to the pool, or family BBQ as a baby or toddler. In the schooling years, swimming is necessary to compete in the school carnival, go to pool parties and waterski. Later on in life, many people join clubs or groups where swimming is helpful. And of course you want your kids to be able to swim with their children, your grandchildren!

Contact the pool on 6972 2135 or hollandpark@lrgroup.com.au if you are interested in being part of one of our programs.

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FOOD FOR FINES



You bring the food - we'll waive the fine!
Pay your Library fines with food instead of \$\$\$

From November 21 ~ December 17,
2016 pay off your overdue fines
with a donation of non-perishable
food items.

These items will be donated to
charity to be distributed to those in
need over the festive season.



Christmas Craft After-School Activity

Thursday 1st December 2016

from 3.30pm - 5pm

@ Bland Shire Library

Booking is essential as spaces are limited

To book or for further information contact Bland Shire Library on 69790272



SUMMERREADINGCLUB.ORG.AU



Bland Shire Library



Official SRC Launch and Registration Party

Wednesday 30th November 2016

4 pm – 5 pm

It's FREE!

Great prizes to be won!

For school children aged 5 – 16 yrs

Runs 1st December 2016 – 31st January 2017

**For further information see library staff or
contact us on 6979 0272**

