

Wyalong Public School

At Wyalong Public School students, staff and the community are respectful, responsible and resilient learners. We have high expectations of ourselves and others. We are life-long learners and responsible citizens. Everyone is someone at Wyalong Public School!

12th October 2021

Week Two Term 4

Our new PBL symbols

Thank you to Braydn Davis who volunteered to design our three symbols for respectful, responsible and resilient. Linton, from the West Wyalong Local Aboriginal Land Council, then added Yindyamarra, Dhuluyarra and Guyulgang as the Wiradjuri words.

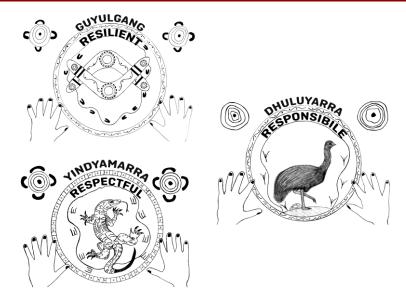
BJ used images that are symbolic for each word in the Wiradjuri culture:

Respectful- Yindyamarra meaning respect – The goanna represents one of the main totems for the Wiradjuri Nation. The goanna should be cared for and treated with the greatest of respect. We must treat others and the environment, like a goanna, with the greatest respect.

Responsible – Dhuluyarra meaning truth - The male emu is responsible for the caring of the eggs and later the chicks. Like the male emu, students, staff and the community need to be responsible for their learning and the environment.

Resilient – Guyulgang meaning enduring and strong - The boomerangs are a symbol of strength and coming back. Like the boomerang, we need to have strength and the ability to bounce back when faced with challenges.

We are hoping that both BJ and Linton will be able to share their stories of these drawings and words with the students over the next few weeks.



School Photos – Cancelled/Postponed

Unfortunately, the Covid restrictions has meant we have had to postpone our school photographs. Sorry for the confusion with the envelops going out yesterday, I misunderstood the guidelines.

Kindergarten Orientation

Friday 29th October 9.00am-12.00pm Friday 5th November 9.00am—12.00pm Friday 12th November 9.00am—12.00pm Friday 19th November 9.00am—3.00pm Friday 26th November 9.00am—3.00pm

Students that would like to participate in the KO program must complete an Application to enrol in an NSW Government school form prior to starting. Please contact the front office for a paper form or you can go online and complete the enrolment.

Wyalong Public School – George Bland Avenue – Wyalong NSW 2671 – 0269 722 140 wyalong-p.school@det.nsw.edu.au

Year 6

Our Year 6 were presented with their shirts todays. With the bright green, we will not miss them in the playground! Congratulations and enjoy your last term of your primary schooling.

The Year Six Farewell, has been tentatively booked for Thursday 2nd December at 6.30pm. This will be for Year six students, staff and parents.



P&C Week 3

Next meeting will be on Tuesday 19th October at Toppy Pub at 5:30pm

New School Visitor Check-In

From Monday 18th October all visitors to the school must use our new School Visitor Check-In system. The Department of Education has partnered with Service NSW to provide a streamlined, digital school sign-in system. Please report to the front office on arrival to the school and staff will assist you in signing in.

Level 3 Update

Our students were expected back for face-toface learning on day 1 of Term 4. As a reminder, here's what our families and students can expect when returning to school sites under COVID-safe <u>Level 3 conditions</u>:

• Staff will be required to wear masks indoors and outdoors while on school grounds.

 There will be no school assemblies or sport (outside of existing PDHPE classes), excursions or field trips.

 Only essential visitors will be allowed on site and will be required to check in and wear masks at all times.

• Canteens are open with appropriate hygiene measures in place.

 Parents and carers will need to remain outside of school grounds, follow physical distancing and avoid gathering for drop-offs and pick-ups.
 There will be enhanced daily cleaning of the school and wherever possible we will ensure classrooms will be well-ventilated with open windows.

Attendance

All student attendance is processed by 10am on the day. If you child is away from school, please phone the front office before 9.30am to explain the absence.

Have a wonderful week, Kylie Taylor Principal





Wednesday 27th October – Book Fair & Book Parade

Kinder Orientation:

Friday 29th October 9.00am-12.00pm Friday 5th November 9.00am—12.00pm Friday 12th November 9.00am—12.00pm Friday 19th November 9.00am—3.00pm Friday 26th November 9.00am—3.00pm

Swimming for Sport:

(Depending on Covid restrictions) Tuesday 2nd November Tuesday 9th November Tuesday 16th November Tuesday 23rd November Tuesday 30th November

6th – 8th December – Primary Excursion to Borambola (Depending on Covid restrictions)
Tuesday 14th December – Presentation Night
Wednesday 15th December – Pool Party
Thursday 16th December – Enrichment Day



ORDER NOW go to www.advancedlife.com.au and enter the code HZR VKW GYR

Postponed

BLAND SHIRE LIBRARY

Expression of Interest

CHESS CLUB

ARE YOU A KEEN CHESS PLAYER? PERHAPS YOU'D LIKE TO LEARN HOW TO PLAY CHESS? ALL AGES ARE INVITED



Contact the library on 69790272 or email: issues@blandshire.nsw.gov.au





Wyalong Public School – George Bland Avenue – Wyalong NSW 2671 – 0269 722 140 wyalong-p.school@det.nsw.edu.au Reading Is Out of This World! Wednesday 27th October 2021

Book Fair

Students will have the opportunity to make wish lists for parents to be able to purchase and support our book fair.

tens

Come dressed as your favourite book character Book Parade

Due to Covid-19 restrictions, this will be a closed event for students only.

Wyalong Public School

Term 4 2021

Week	Mon	Tue	Wed	Thu	Fri
2	11	12	13	14	15
3	18	19	20	21	22
4	25	26	27 BOOK FAIR & PARADE	28	29 Kinder O 9-12
5	1 Nov	2 Swimming for Sport	3	4	5 Kinder O 9-12
6	8	9 Swimming for Sport	10	11	12 Kinder O 9-12
7	15	16 Swimming for Sport	17	18	19 Kinder O Full Day
8	22	23 Swimming for Sport	24	25	26 Kinder O Full Day
9	29	30 Swimming for Sport	1 December	2 Year 6 Dinner	3

Wyalong Public School - George Bland Avenue - Wyalong NSW 2671 - 0269 722 140 wyalong-p.school@det.nsw.edu.au

Friday

LUNCH

Eonom			
Chicken Nuggets	.50c ea		
Tub Gravy	.50c		
Tomato Sauce	.50c		
BBQ Sauce	.50c		
Pizza ham & pineapple on English Muffin	\$2.50		
Pizza cheese & bacon on English muffin	\$2.50		
Toasty (ham/cheese/tomato)	\$4.00		
Chicken Burger	\$4.00		
Party Sausage Rolls	\$1.00 ea		
Party Pies	\$1.00 ea		
Chicken or Beef Noodles	\$2.00		

DRINKS

Water	\$1.00
Fruit box/popper	\$1.00
Strawberry Flavoured Milk	\$1.00
Chocolate Flavoured Milk	\$1.00
Juice Bomb – lemon, apple blackcurrant & watermelon	\$2.00

RECESS

Moosies (chocolate or bubblegum)	\$2.00
Cheese and Crackers	\$1.00
Honey Soy Chips	\$1.00
Jumpy's	\$1.00
Juicies	\$1.50
Zooper Dooper	.50

Packing a school lunchbox

When children eat well they behave better, are able to listen well and concentrate for longer.

Packing a healthy school lunchbox will help children to learn and play well and be happy at school.



Health)

Nee

Steps to planning a healthy lunchbox

- Make time to prepare. Have fresh fruit and vegetables, milk and yogurt, bread and crackers all bought in advance.
- Shop wisely and save money. Buy fresh fruit and vegetables in season to ensure good quality and value for money.
- Make your own snacks. For example snack packs from fresh ingredients which you can buy in bulk.
- Look after the environment. Put sandwiches and other items in reusable containers. This uses less packaging and creates less rubbish.
- 5. Choose a variety of foods from the 5 food groups (see table below).
- Include a bottle of water. No need for sweetened drinks such as juice, cordial or soft drink as these contain too much sugar which is not good for teeth. Nonwater drinkers usually start drinking water with the example of other children. Freeze a small quantity each night and top up with cold water in the morning for a cool summer drink.
- Keep food cool. In warm weather freeze a water bottle or put a small ice pack in the lunchbox.

Remember to involve your children in preparing and packing their own lunchbox.





What makes a healthy lunchbox?

Food group	Nutrients	Examples	
Grain foods	Carbohydrate providing energy for brain and body. Choose wholegrain options for more fibre and longer lasting energy.	 All types of bread – whole meal, multigrain, white, pita or other flat breads, fruit loaf Rice, pasta, crispbreads, rice crackers 	
Fruit	Carbohydrate for long lasting energy, vitamins, minerals and fibre.	 Fresh whole fruits or cut up and placed in a container Dried fruit mix, canned fruit 	
Vegetables	Vitamins, minerals and fibre for healthy gut and strong immunity.	 Cherry tomatoes, capsicum strips, snow peas, small corn cob or baby corn spears Carrot, celery and cucumber sticks Salad vegetables or coleslaw in a sandwich 	
Milk, yoghurt & cheese	Major source of calcium for strong bones and teeth.	 Milk poppers Cheese slices, cubes or sticks Tub of yogurt 	
Lean meats, fish, poultry, egg, nuts and legumes	Protein, iron and zinc for growing bodies.	 Cold lean meats or chicken Tinned fish such as salmon, tuna or sardines Boiled eggs, baked beans, hommus 	

Toppy fresh is a healthy snack available for students to purchase on Wednesdays. Money must be returned to the school by Tuesdays.

